

International Webinar on

DIMENSIONS OF CHANGING LIFESTYLE IN PRESENT SCENARIO

दो दिवसीय अंतरराष्ट्रीय वेबीनार कोविड-19 महामारी से संबंधित जागरूकता लाने के उद्देश्य से महाविद्यालय के आहार एवं पोषण भाग द्वारा दो दिवसीय अंतरराष्ट्रीय वेबीनार का आयोजन ऑनलाइन गूगल मीट प्लेटफार्म के माध्यम से किया गया इस वेबीनार का विषय “डायमेंशन ऑफ चेंजिंग लाइफस्टाइल इन प्रेजेंट सिनेरियो था” जिसमें अंतरराष्ट्रीय स्तर के विभिन्न विषय विशेषज्ञों ने व्याख्यान प्रस्तुत किया।

इस कार्यक्रम की रूपरेखा में चार महत्वपूर्ण बिंदुओं (स्वास्थ्य एवं पोषण, सायकोलॉजी, वस्त्र एवं परिधान, योगा) को ध्यान में रखते हुए आयोजित किया गया ।

कार्यक्रम में पहले दिन अंतरराष्ट्रीय स्तर से आमंत्रित वक्ताओं में डॉ विशाल मदान (डर्मटोलॉजिस्ट, मैनेचेस्टर यूनिवर्सिटी यू.के.), ऋषिका मिश्रा (मोटिवेशनल स्पीकर, सिडनी ऑस्ट्रेलिया) एवं डॉ रीता रघुवंशी (प्रोफेसर फूड एंड न्यूट्रिशन, जी.बी. पंत यूनिवर्सिटी, उत्तराखंड) ने कोविड-19 से संबंधित समस्याओं के साथ दैनिक जीवन में समायोजन हेतु संबंधित विभिन्न विषयों पर अपने व्याख्यान प्रस्तुत किए ।

वेबीनार के दूसरे दिन अंतरराष्ट्रीय स्तर से आमंत्रित वक्ताओं में डॉक्टर निवेदिता एलिकील (गाइनेकोलॉजिस्ट, सऊदी अरब) ने गर्भवती महिलाओं पर कोविड-19 के प्रभाव एवं सावधानियों के बारे में बताया, डॉ मधु शरण शर्मा (एसोसिएट डायरेक्टर टेक्सटाइल एवं अपैरल डिजाइन महाराजा

सयाजीराव यूनिवर्सिटी, वडोदरा) ने कोविड-19 में परिधान चयन विषय पर अपना व्याख्यान प्रस्तुत किया एवं इसके साथ ही राष्ट्रीय पुरस्कार प्राप्त श्री अवनीश तिवारी द्वारा कोविड-19 हेतु कुछ प्रमुख योगासन का प्रदर्शन एवं उसका स्वास्थ्य के लिए महत्व बताया।

आयोजन के मुख्य अतिथि प्रोफेसर डॉ कपिल देव मिश्रा (कुलपति, रानी दुर्गावती विश्व विश्वविद्यालय, जबलपुर) ने अपने उद्बोधन में आयोजकों को शुभकामनाएं दी तथा कार्यक्रम की संरक्षक डॉ लीला भलावी (अतिरिक्त संचालक, उच्च शिक्षा विभाग, जबलपुर संभाग) रही।

कार्यक्रम में 250 से 300 प्रतिभागियों ने अपनी उपस्थिति सुनिश्चित कराई। कार्यक्रम के सफल समापन के पश्चात सभी प्रतिभागियों को प्रमाण पत्र प्रदान किया गया।

गूगल मीट लिंक:- <http://meet.google.com/nbv-psna-zbg>



**Govt. M.H. College of Home Science and
Science for women, Jabalpur (Autonomous)**

Food & Nutrition Department
(Under the aegis of IQAC)

**Is Organizing a
Two Day International Webinar
On**

***DIMENSIONS OF CHANGING
LIFE STYLE IN PRESENT
SCENARIO***

Date- 2nd and 3rd July 2020

Time- 11:30am to 2:00pm

For Registration- <https://forms.gle/oBQQy3foG47aV84y8>

Technical Partner Indian Tech - 9039582125

ABOUT THE COLLEGE

Govt. M. H. College of Home Science and Science for Women (Autonomous), Jabalpur was established on 15 July 1954. Carrying the motto "To Impart Quality Education for the Overall Development of the Girls and Transform Them into Responsible citizens of the Country", the college caters to the educational needs of young women coming from different strata of society by providing equal opportunities in conventional & various vocational courses in Home Science and Science faculty.

ABOUT THE WEBINAR

The Webinar is being organized by the department of Foods and Nutrition of the institution. This event is completely focused on the need of this changing scenario during pandemic. It is a synergic approach to covering all the aspects of life to make one's life easier so that everyone become able to uplift himself as a personality to deal with the upcoming challenging situation.





Program Schedule

Day 1- 2nd July 2020

11:30 – 11:35 am	Address by the Hon'ble Vice Chancellor, RDVV Jabalpur Prof Kapil Dev Mishra	
11:35-11:40 am	Address by the Respectable Dr. Leela Bhalavi Additional Director, Higher Education Jabalpur Division, Jabalpur	
11:40- 11:45 am	Welcome Address by the Principal Dr. Nandita Sarkar	
11:45- 11:50 am	Introduction of Guests /Speakers by Convener Dr. Smita Pathak	

12:00 – 12:30 pm	Address by Invited Speaker Dr. Vishal Madan MBBS, MD, FRcP University of Manchester, UK	
12:30- 01:00 pm	Address by Invited Speaker Ms.Rishika Mishra Entrepreneur and Motivational Speaker Sydney Australia	
01:00 – 01:30 pm	Address by Invited Speaker Dr. Reeta Raghuvanshi Professor (Food & Nutrition) G B Pant University Pant Nagar, Uttarakhand	
01:30 -01:45 pm	Question Answer Session	
01:45- 02:00 pm	Vote of Thanks By Mrs. Aayesha Tahera Khan	

Day 2- 3rd July 2020

11:30am - 12:00 pm	Address by Invited Speaker Dr. Nivedita Alinkil MBBS, MS (OBS GYNAEC) Fellowship Cosmetic Gynaecology Dubai, UAE	
12:00 -12:30 pm	Address by Invited Speaker Dr. Madhu Sharan HOD, Associate Director, Textile and Apparel Design and Faculty at Maharaja Sayajirao University, Baroda, Vadodara	
12:30 - 1: 00 pm	Demonstration of stress relieving exercises by Mr. Avaneesh Tiwari Yogacharya ICON Awarded Delhi 2019	
01:00 -01:30 pm	Question Answer Session	
01:30- 01: 45 Pm	Vote of Thanks by Mrs. Apoorva Soni	



Chief Patron
Prof Kapil Dev Mishra
Vice Chancellor, RDVV,



Patron
Dr. Leela Bhalavi
Additional Director, Higher
Education, Jabalpur Division,
Jabalpur



Principal
Dr. Nandita Sarkar



Convener
Dr. Smita Pathak
Professor (Foods & Nutrition)

Committee Members



Mrs. Apoorva Soni
Assistant Professor
Foods and Nutrition



Mrs. Aayesha Tahera Khan
Assistant Professor
Foods and Nutrition



Mrs. Chandrakanta Mourya
Assistant Professor
Foods and Nutrition



**Govt. M. H. College of Home Science & Science for Women,
Autonomous, Jabalpur, M. P. India**

Re-accredited with 'B+' by NAAC

Food & Nutrition Department

(Under the aegis of IQAC)

Organized

**Two Days International Webinar
on**

Dimensions of Changing Life Style in Present Scenario

Certificate of Participation

This is to certify that

Aaysha khan

from Govt. M. H. college jabalpur

has participated in Two Days International Webinar on "Dimensions of Changing Life Style
in Present Scenario" on 2nd & 3rd July 2020.

Dr. Binay Singh
IQAC Coordinator

Dr. Smita Pathak
Convener

Dr. Nandita Sarkar
Principal

Indian Tech
Organizing Partner

Certificate No. Govt-MH/int-Web/001

Issued July, 10, 2020
Jabalpur, M.P. India

INTERNATIONAL WEBINAR ON

‘INTERVENTION IN PREDIABETES OF THE YOUNG ADULTS’



Govt. M.H. College of Home Science and Science for women , Jabalpur

Department of Food and Nutrition organizes

Date:- 23, January 2021

Time

Speaker-1 - 2:30-3:00 PM

Speaker-2 - 3:00-3:30 PM

Speaker-3 - 3:30-4:00 PM

**International
Webinar**

On

**“Intervention in
the Prediabetes
of Young Adults”**

Sponsored By:


**State Project Directorate,
Department of Higher
Education,**

Govt, of M.P.(Bhopal)

**Under the World Bank Project
of M.P. Higher Education
Quality Improvement Program
(MPHEQIP)**


E- certificate will be given to participants after filling the feedback form

Dr. Leela Bhalavi (Additional Director)		Patron		Dr. Akhilesh Ayachi (Principal)
Speakers				
Dr. Parimal Swamy MD, WHO Accredited Diploma in Diabetes Care		Dr. Sangeeta Shrivastava PhD,RDN,FAND,Lecturer, Deptt. Of Nutrition and Food Science, California Polytechnic State University Pomona, California		Gurdeep Kaur Shetty Dietician ,Department of Dietetics, AIIMS, New Delhi
				Organizing Committee
Dr. Nandita Sarkar (Convenor)			Dr. Rajlakshmi Tripathi Mrs. Vishwshanti Parashar Mrs. Apoorva Soni Mrs. Aaysha Tahera Khan Mrs. Chandrkanta Mourya	
Dr. Brijlata Dubey (Co- Convenor)	Dr. Smita Pathak (Organizer)			

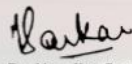


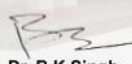
**Govt. M.H.College of Home Science and Science for Women,
 Autonomous, Jabalpur, (M.P.) India**
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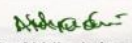
Food and Nutrition Department
 Organized
An International Webinar
 On
"Intervention in the PreDiabetes of Young Adults"



Certificate of Appreciation
 This certificate is presented to
Dr. Parimal Swamy
 MD, WHO Accredited Diploma in Diabetes Care
For sharing your valuable thoughts on "intervention in the Prediabetes of Young Adults" as Resource Person during the International Webinar on 23rd January 2021.


Dr. Nandita Sarkar
 Convenor


Dr. B.K.Singh
 IQAC Coordinator


Dr. Akhilesh Ayachi
 Principal

FEEDBACK RESPONSES

Name of Participant	Designation	Name of Institute	How useful was webinar for you
Santoshi Romde	Assistant Professor	Govt pench valley pg college parasiya	5
Parinitha R Nanda	Student	Parinitha R Nanda	5
Taniya khan	Student	M.h.college jabalpur	5
Apurwa Namdeo	Student	RDVV University of jabalpur (m.p.)	5
Pushplata kurmi	Student	Government M. H. College of home science	1
Aditi Thakur	Student	M H Collage of Home Science and Science for Women Jabalpur	4
Neha singh Baghel	Student	M. H. Collage of home science	5
Dietitian Archana lakhera	Student	Home science College	5
Meghaleena Roy	Student	Gokhale Memorial Girls College, Kolkata.	5
Pooja Yadav	Student	Gov. M. H. College of homescience and science for women jabalpur	5
Laxmi Bai Patel	Student	MH college home science and Science for women Jabalpur	1
Mahak Shukla	Student	Mh. Home Science & science college	5
Poonam thakur	Student	GovtMh collage of home science & science for woman	4
Sanjna lodhi	Student	Home science colaje Jabalpur	5
Tanu patel	Student	M. H. College jabalpur	5
Yavanika S	Student	Padmashree Institute of Management and Science	5
Ankita haldkar	Student	Mh college	1
Apeksha Mishra	Student	Padmashree institute of management and sciences	5
KHUSHNUMA BEE	Student	Mh college of home science and science for women jabalpur	5
Dr Renubala Sharma	Professor	Government Girls College Bina	4
Bhoodhaneswari armo	Student	Govt MH college jabalpur	5
Vinesh Paigwar	Student	Gyan Ganga institute of technology and	5

		sciences	
Anjali pandey	Student	Mh college jabalpur	1
Dr Reena Meshram	Assistant Professor	Govt College Junnardevo Chhindwara	5
Manasa Mithra	Student	Padmashree institutions of mandi and science	5
Prachi Gautam	Student	Government home science college Jabalpur Madhya Pradesh	5
Dr. Rashmi Rajak	Assistant Professor	Govt College Sarni	5
Sadiya zaiba fathima	Student	Padmashree institute of managment and sciences	5
Mrs.Madhuri Ramteke	Assistant Professor	Govt. M.H.College of Home Science and Science for women Jabalpur	5
Himanshi sahu	Student	M.H. home science college jabalpur	5
Ankita Pandey	Student	Govt. M.H. college of home science and science, jabalpur	5
Dr. Seema Patel	Assistant Professor	Government Girls P.G. College, Rewa M.P.	5
Pooja Choudhary	Student	RDVV	2
Mrs. Neha Choudhary	Assistant Professor	Govt. Girls College Katni	5
Nitin Singh Thakur	Student	Indira Gandhi National Open University	5
Priya Dey	Student	Padmashree institute of management and sciences	4
Kamei Lanshiengaimei	Student	Padmashree Institute Of Management and Sciences	1
Sarika Vishwakarma	Student	Home Science College Jabalpur	5
Sanjana A S	Student	Padmashree Institute of Management and Sciences	5
R. ABIRAMI	Assistant Professor	SYNA INTERNATIONAL COLLEGE OF MANAGEMENT STUDIES KATNI	5
Akanksha sharma	Student	Govt. Mh college jabalpur	4
Dr Geeta choubey	Assistant Professor	Government College Dhimarkheda Katni	5
Tanya Nanda	Student	Gyan Ganga institute of science and technology, jabalpur	5
Sanjana.m	Student	Padmashree institute of Management	5
Cronia Panja	Student	Padmashree Institute Of Management And Sciences	4
Pragati Patel	Student	Mh collage	1
Dr. Durgesh Shandilya	Associate Professor	Govt Kamla Nehru Girls College Balaghat	5
Divya dwivedi	Student	Rani durgavati university	1

Pushpa Kushre	Assistant Professor	Govt Girls College Katni	5
Chandrika S	Student	Padmashree institute of Management and Sciences	5
Dr Darshan Singh Kirar	Assistant Professor	Govt.P.G.College Gadawara	4
Prateeksha tiwari	Student	Government MH College of Home Science and Science for Women Jabalpur	5
DR ABHA TIWARI	Professor	GOVT M H COLLEGE OF HOME SCIENCE AND SCIENCE FOR WOMEN JABALPUR	4
Dr. Sharda Bhide	Assistant Professor	Govt P. G. College Gadawara District Narsinghpur	2
Y KEERTHANA	Student	Padma shree institute of management and sciences	5
Reshma Pebam	Student	Padmashree institute of Management and sciences	3
Dr. Dipali Saxena	Assistant Professor	Shri Vaishnav Vidhyapeeth Vishwadyalaya Indore	5
Dr.Vinita Nanda	Associate Professor	M.H.College of Home Science and Science for women ,Jabalpur	5
RIZA TARANNUM	Student	GOVT. M. H. COLLEGE OF HOME SCIENCE AND SCIENCE FOR WOMEN , JABALPUR	5
Dr Archana Gupta	Professor	Govt. M.H.College of H. Sc and Sc for women Jabalpur	4
Divya diwaker	Student	M H home science college jabalpur	5
Dr Shailja jain	Professor	Govt K R G College, Gwalior	5
Shweta Bhawdiya	Assistant Professor	Govt MKB Arts and commerce girls college jabalpur	5
Shivani Patel	Student	Govt M.H. college of Home science and Science for Women Autonomous Jabalpur MP	5
Suhanya Chandra	Student	GMGC	4
Vidya patel	Student	Govt. M. H. College of Home science and science for woman Jabalpur	5
Aishwarya Patel	Student	Govt. M.H.College of Home Science & Science for Women, Jabalpur	5
Sakshi Awasthi	Student	Govt MH College of Home Science, jabalpur.	5
Priyanshu tiwari	Student	Government m. h. College of Home science and science for women jabalpur m. p.	5
Dr.Rashmi Kale	Guest Faculty	Department of Home Science, Sant Gadge Baba Amravati University	4
Nishaparochi	Student	Govmnt MH science College jabalpur	5

Sadhana Kesharwani	Professor	Sadhana Kesharwani	4
ANSHIKA DWIVEDI	Student	GOVT. M. H. COLLEGE OF HOMESCIENCE AND SCIENCE FOR WOMEN, JABALPUR	5
Shubha Sinha	Assistant Professor	Govt. M.h.college of Home Science and Science for Women Jabalpur M.P	4
Sayani Nath	Student	Gokhale Memorial Girls College	3
Susmitha.R	Student	Padmasree institute of management and sciences	5
Dr. Sangeeta dharade	Assistant Professor	S. S. L. N. Govt Penchvelly P. G College, Parasia, Dist chhindwara	4
Apoorva Soni	Assistant Professor	Govt.M.H.College of Home Science and Science for Women Jabalpur	5
Fouzia sultana	Student	Padmashree institute of management and science	3
Shruti Singh	Assistant Professor	Govt.M.H.College of Home Science &Science for Women, Jabalpur	4
Greeshma Mulakatte	Student	Padmashree institute of management and sciences	3
Ekta dubey	Student	MH college homescience jabalpur	1
Dr.Madhulika Shrivastava	Professor	Govt M.H college of Home science and science for women Jabalpur	5
Dr Nilima Varma	Professor	Sarojini Naidu Govt GirlsPG college Bhopal	5
Dr MADHUKA SHRIVASTAVA LALORAYA	Professor	Ordinance Factory Khamaria Government College Khamaria Jabalpur M.P India	5
DANIAH FATIMA	Student	PIMS	5
NaliniMisra	Assistant Professor	Government M.H.college of Home Science and Science For Women JABALPUR MP and	5
Dr. Aradhana Shrivastava	Assistant Professor	Dr. Aradhana Shrivastava	5
Dr.Smita Pathak	Professor	Govt.M.H.College of Home Science and Science for women Jabalpur	5
Mrs Vishwashanti Parashar	Assistant Professor	Govt MH college of Home science and science for women Jabalpur	5
Anshika Goswami	Student	Govt MH college of Home science and science for women	4
Vibha shripal	Assistant Professor	Govt.girls degree college rewa	5
STEFFI SARAF	Guest Faculty	Govt. M. H. College of Home Science and Science for Women (Auto), Jabalpur, M.P.	5
Mrs.Sangeeta Bamane	Assistant Professor	Government College Bhainsdehi Dist Betul M.p.	1

Roobal Kanojiya	Student	Hawabag science College	4
MS.PRITY UIKEY	Assistant Professor	Govt Kamla Nehru girls college Balaghat	5
Pooja Kori	other	Govt. M. H. College of home science and science for women jabalpur	5
Annesha Paul	Student	Padmashree Institute of management and science	5
Srishti kanojiya	Student	Govt M. H. College of science and homescience	5
Dr Neeta Mishra	Assistant Professor	Govt.college Silodi katni M.P	4
Dr. Prachi Marwaha	Assistant Professor	Kunwar Singh College, LNMU, Darbhanga	5
Pratima Tiwari	other	Govt. M. H. College of Home science & science for women jabalpur	5
Anju kainwar	Guest Faculty	Govt.M.H. College of homesciemce and science for women jabalpur	4
Anjana Nema	Associate Professor	Govt Autonomous PG Girls College of Excellence Sagar	5
Dr Anita Solanki	Assistant Professor	Govt Girls p G college Rewa m p	3
Sakshi patel	Student	Govt.M.H. college of home science and science for women jabalpur	5
ANJALI RAJAK	Student	Gov.M. H.college of home science and science for women, jabalpur	5
Ruchika Dhurwey	Student	M.H College of Home Science,Jabalpur,M.P	5
Rohini rajput	Student	MH college of homescience and science for women	5
Shraddha gupta	Student	Govt. M. H college jabalpur	3
Madhuri Palle	Assistant Professor	Government Girls College,Betul	5
Rubirani sahu	Student	Govt MH college of home science and science for women Jabalpur	1
Shraddha chourasiya	Student	M.H. home science college Jabalpur	5
Geeta prajapati	Student	Govt mh college of home science and science for woman jabalpur	3
Namrata patel	Student	Government m.h. college	1
Dr shampa jain	Professor	Govt m h college of home science and science for women jabalpur	5
Dr. Savita Dawar	Assistant Professor	Govt. Girl's P. G. College rewa	4
Jyotsana Sharma	Student	Home science College	5
Dr Mridula Dubey	Associate Professor	Govt M H college of Home science and science for women jabalpur	4

Varsha Kuncolienkar	Student	Padmashree institutions of management and science	5
Dr Priti Bhuwan Deshmukh	Assistant Professor	Govt Autonomous PG College Chhindwara	4
Nivedita Jha	Student	Gokhale Memorial Girls' college	4
Dr. Shruti Tiwari	other	Govt. M. H. College of Home Science and Science for Women Jabalpur M. P.	5
Astha dubey	Student	Govt.M.H.college jabalpur	5
Jayshree Patil	Student	Padmashree institute of management and science	5
Dr.Nidhi Sinha	Assistant Professor	M.M.Mahila College VKSU Arrah	4
Divya Agrawal	Student	Govt. M. H. College jabalpur	5
Shivangi Sharma	Student	Gmh college	5
Megha sen	Student	Homscience college	4
Vidhi rajak	Student	Government hone science college jabalpur	5
Rajeshwari meravi	Student	M. H college jabalpur	5
Pratiksha sahu	Student	Government G.M.H.colloge jabalpur	5
Deeksha Barmaiya	Student	Home science college jabalpur	5
Dr Jyoti Jain	Associate Professor	GovtMH college of Home Science and Science for women Jabalpur MP	5
Dr Kalpana Gupta	Professor	Govt M H College Jabalpur	5
Sonali Mehra	Student	M. H. College of home science jabalpur	5
Dr. Anjana Dhurve	Assistant Professor	Govt. M. K. B. Arts & Commerce College For Women Jabalpur , Madhya Pradesh	5
Jigyasa rahangdale	Student	Old GDC. Indore mp.	1
Dr Geeta Shukla	Professor	Govt M H college Of Hsc and Sc for Women Jabalpur	4
Kirti Patel	Student	Gov M. H. College of home science	4
Deepa Malviya	Assistant Professor	Government Girls P.G.college Rewa	4
Geetanjali verma	Student	Govt. Mh college of homescience and science for women jabalpur	4
Dr. Rekha Suryavanshi	Assistant Professor	Govt. Girls P. G. College, Ujjain M.P.	5
B K Singh	Professor	Govt M H College Jabalpur (M P) -482002	4
Dr REENA BHAIRAM	Assistant Professor	M H College of Home Science and Science Jabalpur	5
DR. KADAMBINI MISHRA	Assistant Professor	GOVT. M. H. COLLEGE	3
Dr Anuradha Upadhyay	Associate Professor	Mjb government girls pg college motitabela Indore MP	5

Anjali Rajak	Student	M. H. College jabalpur	3
Vaishali Rajput	Student	Home science college	5
Dr. Priyanka Raj	Assistant Professor	Govt. M. H. College of Homescience & Science for women, Jabalpur	5
Nidhi Singh	Student	M.H. College Jabalpur	3
SMT VANDANA ARNOLD	other	GOVT M H COLLEGE OF HOME SCIENCE & SCIENCE JABALPUR	4
Teebabriah. M	Student	Padmashree institute	5
Mandakini Gupta	Student	Mh home science college jabalpur	4
Muskan ramchandani	Student	Govt MH college of home science and science jabalpur	5
Khushi Barman	Student	Govt M H collage of home science jabalpur	5
Sakshi bilthare	Student	M.H. college of home science	5
Kusum sahu	Student	MH College Jabalpur	1
Dr sarika singhai	Guest Faculty	Govt. M h college of Home science and science for women Jabalpur	5
Shalini Mehra	Student	Shalini Mehra	4
Ayushi sahu	Student	Home science college jabalpur	2
Neha sahu	Student	Dhooma	3
Mamta lodhi	Student	Home science College jablpur	5
Urveshi Uikey	Student	MH. Collage Of Home Science for women	5
Hemlata parte	Student	Patpar singarpur	1
Dr. Bhavana Sharma	Associate Professor	Dr. Bhavana Sharma	4
Khushboo singour	Student	Gov mh home science and science of women collage	5
Sabiya Anjum	Student	Mh college or home science for women jabalpur	1
Mrs.Chandrakanta Mourya	Assistant Professor	Govt. M.H.College of Home Science and Science for Women, Jabalpur	5
Akanksha Patel	Student	Govt M H college of Home science and Science for women jbalpur	5
Aaliya Hussain	Student	Govt. M.H. College of Home Sc. & Sc. for Women, Jabalpur	4
Priyadarshni dwivedi	Student	M.H.college jabalpur	1
Prerana Dwivedi	Student	Government MH college of Home Science and science Jabalpur	5
Anju koshta	Student	Home science college	4

Swati Thakur	Student	Govt. Mh college jabalpur	2
Swati Patel	Student	Home science	3
Rajesh Kumar Tiwari	Guest Faculty	Govt. M.H. College of Home Science and Science for women, Jabalpur	4
Sulekha patel	Student	Mh collage	5
Saumya mishra	Student	Mh home science and science college Jabalpur	3
Divya thakur	Student	Collage	1
Taufika khatoon	Student	Gokhale Memorial Girls College	5
Silochana uraiti	Student	MH college jabalpur	1
Khushi sahu	Student	Home science collage jabalpur	3
Neha chakravarti	Student	Govt. M. H. College of home science & science of women jabalpur	4
Sakshi Rajak	Student	Govt. M.H. college of home science and science for women autonomous jabalpur	5
Maneesha paraste	Student	M.H.Home science and science female college jabalpur (M.P.)	4
Kashish jhariya	Student	Govt.M.H.College of Home Science	1
Sangeeta Shrivastava PhD, RDN, FAND	other	Dr Sangeeta Nutrition	5
Dr. Chhaya Hardiya	Assistant Professor	Government Girls P. G. College, Ujjain	5
Mehvish Anjum	Student	MH collage Jabalpur	5
Shweta Shukla	Student	Government M.H. College Of Home Science and Science for Women, Jabalapur	1
Akanksha singour	Student	Mh collage of science and home science for women autonomous jabalpur madhya pradesh	5
Neelam Thakur	Student	Ignou	2
Ajeeta pandey	Student	Govt. M. H. College and home science woman college jabalpur.	3
Sufiya shadab	Student	MH college science and home science	1
Vanshika Namdeo	Student	Govt.MH college of home science jabalpur MP	5
Rubi gupta	Student	Government MH college of Home Science And science for women jablpur	5
Akansha patel	Student	RDVV	5
Vaishnvi barman	Student	Home science College	5
Aaysha Tahera khan	Assistant Professor	Govt M. H. College Jabalpur	5
